



KMSPKS ULLAMBANADAY PRAYERS '07

CallingFor Volunteers

盂兰盆法会义工招募 2007年8月24日至27日

Dear Volunteers,

Each year during Ullambana Day, the 15th day of seventh lunar month, KMSPKS conducts a big-scale prayer for ancestors and beings suffering in realms of misery (超度法会). Hundreds of devotees come to pay respect to their deceased relatives and make offerings to the Buddha.

This year, the Monastery has increased the scale due to the increased number of registration.

Hence, we need more volunteers to make this event a harmonious & successful one!

Let us dedicate your compassionate act of charity to all beings who are suffering in the realms of misery and to all beings. May they be free from suffering, be well and happy.

With metta,
KMSPKS Volunteer Department (Esta, Beng Wee)

Duties & Requirements

A. Table Set-Up

Duty: sort and lay out items such as plates, rice, fruit, etc onto the offering tables

- Requirements:
1. 18 years and above
 2. in good physical condition
 3. able to stand for long hours
 4. able to communicate in Mandarin

B. Offering

Duty: move heavy offering items to the respective offering sites

- Requirements:
1. 18 years and above
 2. in good physical condition
 3. can carry heavy load

C. Rice

Duty: pack hot rice into bowls and distribute them onto offering tables

- Requirements:
1. 18 years and above
 2. in good physical condition
 3. able to endure holding hot bowls of rice
 4. able to communicate in Mandarin

D. Volunteer Welfare

Duty: assist in registration, providing refreshments, etc

- Requirements:
1. 18 years and above
 2. able to communicate in Mandarin and English
 3. outgoing and warm personality

Registration - KMSPKS Ullambana Prayers '07

If you can help out, kindly fill in this page and email to esta@kmspks.org or fax to [6452-8332](tel:6452-8332)

For further enquiries, kindly contact Esta / Beng Wee at [6849-5318](tel:6849-5318)

Yes, I can volunteer!

Name:

Gender: Male / Female

Home Tel No:

Office Tel No:

Hp Tel No:

Email Address:

Occupation (optional):

Age:

Religion:

NRIC No:

Are you able to drive a van or lorry : Y / N

Have you volunteered with KMSPKS before: Y / N

If yes, when was the last event that you volunteered in:

Please indicate your choice of duty below the slot(s) with a "X"

Day/Date	Duration	Table Set-Up	Offering	Rice	Volunteer Welfare
Fri 24 th Aug	8am - 3pm	T24A	O24A		V24A
Fri 24 th Aug	1pm - 8pm	T24B	O24B		V24B
Sat 25 th Aug	8am - 3pm	T25A	O25A		V25A
Sat 25 th Aug	1pm - 8pm	T25B	O25B		V25B
Sun 26 th Aug	8am - 3pm	T26A	O26A	R26A	V26A
Sun 26 th Aug	1pm - 8pm	T26B	O26B	R26B	V26B
Mon 27 th Aug	8am - 3pm				V27A
Mon 27 th Aug	1pm - 8pm				V27B
Mon 27 th Aug	7pm - 11m		O27C		

☺ We know we will hear from you soon. So **SIGN UP NOW** and **BE A PART OF THIS MEANINGFUL EVENT!** ☺

More On Ullambana & Lunar 7th Month

Ullambana Day

The observance of Ullambana on the 15th day of the seventh lunar month is based on the incident of Maudgalyayana (Mogallana), a disciple of the Buddha, who discovered through his meditative powers that his Mother had been reborn in one of the realms of misery. Distressed, he approached the Buddha for help, who then advised him to make offerings to the Sangha, as the merit of doing so would help relieve the suffering of his Mother, and that of other beings in the realms of misery. Making offerings to relieve the suffering of departed and other beings in the realms of misery thus became a popular communal observance. Ullambana is observed by making offerings to the Order of monks and nuns, reciting sermons and performing acts of charity. The merit from these deeds is then shared with all beings.

「盂兰盆会」是农历七月十五佛教很重要的节日。相传佛的大弟子「神通第一」目犍连，利用他的神通看见他母亲在地狱受苦，饥饿难耐，很久都没有东西可以吃，于是他就以神通带著他的钵，盛著饭、饮食到地狱去，送给他的母亲吃。可是当他的母亲拿到这个饭食的时候，饭食却变成了火炭，他母亲吃不到这个饭食。目犍连哀嚎大哭，回到佛陀的座前，请问佛陀应该如何去解救他的母亲？佛陀就告诉目犍连说：「神通没有办法改变业力，这是你母亲的业报，要改变这个业报、拯救你母亲，必须要靠「布施众僧」的功德。」佛陀要目犍连在「七月十五日」，也就是大众僧解夏自恣日-因为大众僧经过三个月结夏精进办道，很多人於此期间证得胜果，若於此时普修供养，易供得贤圣僧；而且亦普遍供得精进用功之僧众-以他的财物供养大众僧，靠著大众僧的力量，才能解救他母亲的罪业。於是目犍连依著佛陀教导，在七月十五日供僧，他的母亲即得到超度，超拔到善处去。

因为这样的典故，中国佛教在梁朝萧衍的时後，武帝以帝王之身，在七月十五日，用很多的车子，运载著丰美的食物、鲜花、种种百味饮食，供养大众僧。从此以後，中国就盛行「盂兰盆会」，形成很重要的节庆。我们佛弟子乃至世间的人，为了弘扬孝亲以及报恩的精神，或为了救济倒悬、解救苦难亲友，我们应在七月十五日当天上午，用种种美妙百味饮食、鲜花供养僧众，晚上我们亦可作施食「甘露法食」仪式来救度亡魂。

Debunking 10 Myths on Lunar Seventh Month

MYTH: The gates of hell are open every seventh lunar month.

TRUTH: Beings leave hell not only in the seventh month, but as and when karmically appropriate. Beings leave hell only when their strong negative karma, which rendered them to be reborn in hell, is exhausted and when karma for rebirth surfaces.

MYTH: If we do not burn paper items out of goodwill, we are being uncompassionate?

TRUTH: It is more helpful to do good deeds and dedicate merits in the name of the deceased. We can also offer prayers by chanting, in the hope they may learn the Buddha's teachings and alleviate their own suffering. We can also make food offerings to hungry ghosts and wandering spirits.

Read about the other 8 myths at www.kmspks.org/download/Myths7mth.jpg and please join us in forwarding this information to friends and family.

谜团 #1 : 每逢农历七月，鬼门关就会打开。

谜底：地狱众生惟有在耗尽自身恶业与投胎因缘成熟时，才能投胎。因此，地狱众生不只在农历七月才离开地狱投胎，而是每当因缘成熟时。

谜团#5 : 没有为往生者焚烧纸钱，表示我们无情、不孝。

谜底：其实，以往生者的名义行善和布施，会比焚烧纸钱更有帮助。此外，也可以为往生者念诵经文，让他们听闻佛法，离苦得乐。

Details/详情 www.kmspks.org/download/Myths7mth.jpg ，欢迎传递。

Help Protect Our Environment By Burning Less

Environmental pollution including burning paper is one of the greatest problems humanity faces. Buddhism is a religion of compassion and wisdom which encourages environmental protection. In Chinese Mahayana Buddhism, burning joss paper and the like is more as a symbolic gesture rather than serving any important function. In fact, Buddhism does not encourage the burning of joss paper.

Read more on how Buddhists can help beings in realms of misery and how the Monastery reduces air pollution at www.TheDailyEnlightenment.com/pics/burn.jpg. Please join us in sharing this information to friends and family.

我们生活的地球已处在极度脆弱的地步。环境污染是现今人类所面临的重大问题。佛教是充满慈悲与智慧的宗教。焚烧冥纸以及在中国大乘佛教的焚化仪式，只是一种象征动作，它只占仪式的一小部分，是微不足道的。实际上，佛教并不鼓励焚烧冥纸。

详情/Details www.TheDailyEnlightenment.com/pics/burn.jpg. 欢迎传递。