

Short-term Retreat Application Form 短期静修表格

Personal Details 个人资料

Name (English) 英文姓名: _____ Name (Chinese) 中文姓名: _____
Date of Birth 出生日期: _____ Age 年龄: _____
Marital Status 婚姻状况: _____
Citizenship 公民身份: Singaporean 新加坡公民 Singapore PR 新加坡永久居民 Foreigner 外国人*
*Legal Status (for foreigners) 持有签证 (外国人):
 Employment Pass 就业准证 S Pass S 准证 Work Permit 工作准证
 Others (please specify) 其他 (请注明): _____

Contact Details 联系方式

Address 住址: _____
Contact/Mobile No. 联系号码: _____ Email 电邮: _____
Emergency Contact 紧急联系人名字与电话: _____ Relationship to applicant 关系: _____

Family 家属

Do you have any financial or physical dependents? 您是否有负债或有家庭眷属?
 Spouse 配偶 Parents 父母 Children 孩子 In Debt 负债 Nil 无

Health 健康状况

Do you have any long-term health issues or disabilities? 您是否有长期健康状况或身体残缺? Yes 是 No 否
Have you ever been under psychiatric care? 您是否曾接受过精神科治疗? Yes 是 No 否
Are you currently taking any medication? 您是否正在服用药物? Yes 是 No 否
Do you have a history of alcohol or drug dependency? 您是否曾长期依赖酒精或药物? Yes 是 No 否
Do you have any food or drug allergy? 您是否对食物或药物过敏? Yes 是 No 否
If yes, please specify 如果是, 请具体说明: _____

Experience 经历

What languages do you speak? 您会说哪些语言? _____
Highest level of education 最高学历: _____
Work experience (please attach CV) 工作经历 (请附上履历): _____
Life experiences 生活经历: _____

Religion 宗教信仰

When did you first come in contact with Buddhism? 您首次接触佛教是在什么时候? _____

Have you ever participated in any activities organised by our monastery? (If yes, please specify which activities) 您是否曾参加过本寺主办的活动? (如有, 请注明哪些活动) _____

Have you taken the 3 Refuge? 您是否已皈依三宝? Yes 是 No 否
(If yes, specify the name of your Refuge Master) (若是, 请注明皈依法师的法号) _____
Have you taken the 5 Precepts? 您是否已受五戒? Yes 是 No 否
(If yes, specify the name of your Precept Master) (若是, 请注明戒师法号) _____
Do you have a Haiqing? 您是否有海清? Yes 是 No 否
Which centre do you usually go to for practice? Who is your main teacher? 您通常到哪间道场修持? 主要跟随哪位导师? _____

What does your daily spiritual practice include? 您每日的行门功课包括哪些? _____

Would you consider long-term ordination in the future? If yes, please specify when and why. 您是否会在未来考虑长期出家? 若是, 请说明具体时间与原因。 _____

Short-term Retreat Period & Precept Request 短期静修时段与受戒要求

- 1 month 一个月 2 months 两个月 3 months 三个月 6 months 半年 1 year 一年

Start date 开始日期: 15 April 20 May 4 June 9 September 15 October 4 November

*Start dates are subject to change. 开始日期可能会有变动。

- 3 Refuge 5 Precepts 三皈五戒 Eight Precepts 八关斋戒 Sāmaṇera Precepts 沙弥戒

Short Biography 自传

Write a short biography of yourself and why you want to experience Short-term Retreat? (150 words) 自传. 请描述选择参与短期静修的初衷。(150字)

Temple wear details 寺服资料:	Height 身高 : _____ CM	Waist 腰围 : _____ CM	Chest 胸围 : _____ CM
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Acknowledgement 个人资料保护法

By signing this application form, you agree that:

- (A) you shall fully indemnify and hold Kong Meng San Phor Kark See Monastery (the “Monastery”), its employees or volunteers free and harmless from and against all claims, liabilities, costs, charges and expenses (including legal costs) for any damage, loss, bodily injury, accident and/or loss of life or property arise directly or indirectly as a result of or in connection with your voluntary participation in the Monkhood at the Monastery;
- (B) the Monastery may collect, use, process and disclose personal data, as provided in this application form, or obtained by the Monastery as a result of your application, for the purposes stated in the Monastery’s privacy policy including (a) the processing and administering of this application; and (b) contacting you for matters related to this application and other information about the Monastery’s programmes, products and services which may be of interest to you;
- (C) photographs and/or videos may be taken during the activity for record or publicity purposes; and
- (D) you have read, understood and accepted the Monastery’s privacy policy available at www.kmspks.org/privacy and that you may withdraw your consent and unsubscribe from the Monastery’s communications at any time.

Please visit our website at kmspks.org/privacy/ for further details on our data protection policy, including how you may access and correct your personal data or withdraw consent to the collection, use or disclosure of your personal data.

通过签署此申请表，您同意：

- (A) 承担所有在光明山普觉禅寺（以下简称“寺院”）参与短期出家期间，与寺院、员工或义工直接或间接引起的所有索赔、责任、成本、费用（包括法律费用）、损害、损失、人身伤害、事故和生命或财产损失；
- (B) 寺院可根据此申请表所提供的个人资料，或因您的申请而获得的个人资料，用于寺院隐私政策中规定的目的，包括（a）处理和管理此活动的报名；及（b）与您联系有关此活动事宜以及其他您可能感兴趣的寺院活动、产品和服务信息；
- (C) 在活动期间所拍摄的照片和视频可用于记录或宣传目的；以及
- (D) 您已阅读、理解并接受寺院的隐私政策（www.kmspks.org/privacy）。您可以随时撤销同意并取消订阅寺院的资讯。

请至本寺网站 www.kmspks.org/privacy/，了解有关个资保护政策的详细信息，包括您如何访问和更正您的个人资料，或撤销同意蒐集、使用或披露您的个人资料。

Name of Applicant
申请者姓名

Signature of Applicant
申请者签名

Date
日期

Note: The monastery will get back to you regarding the application status at least 10 days before the start of the programme.
本寺将在活动开始的前十天与您联系。