



2025

新加坡佛教论坛

Singapore Buddhist Symposium

HARMONIOUS SOCIETY COHESIVE NATION

社会和谐 国家团结

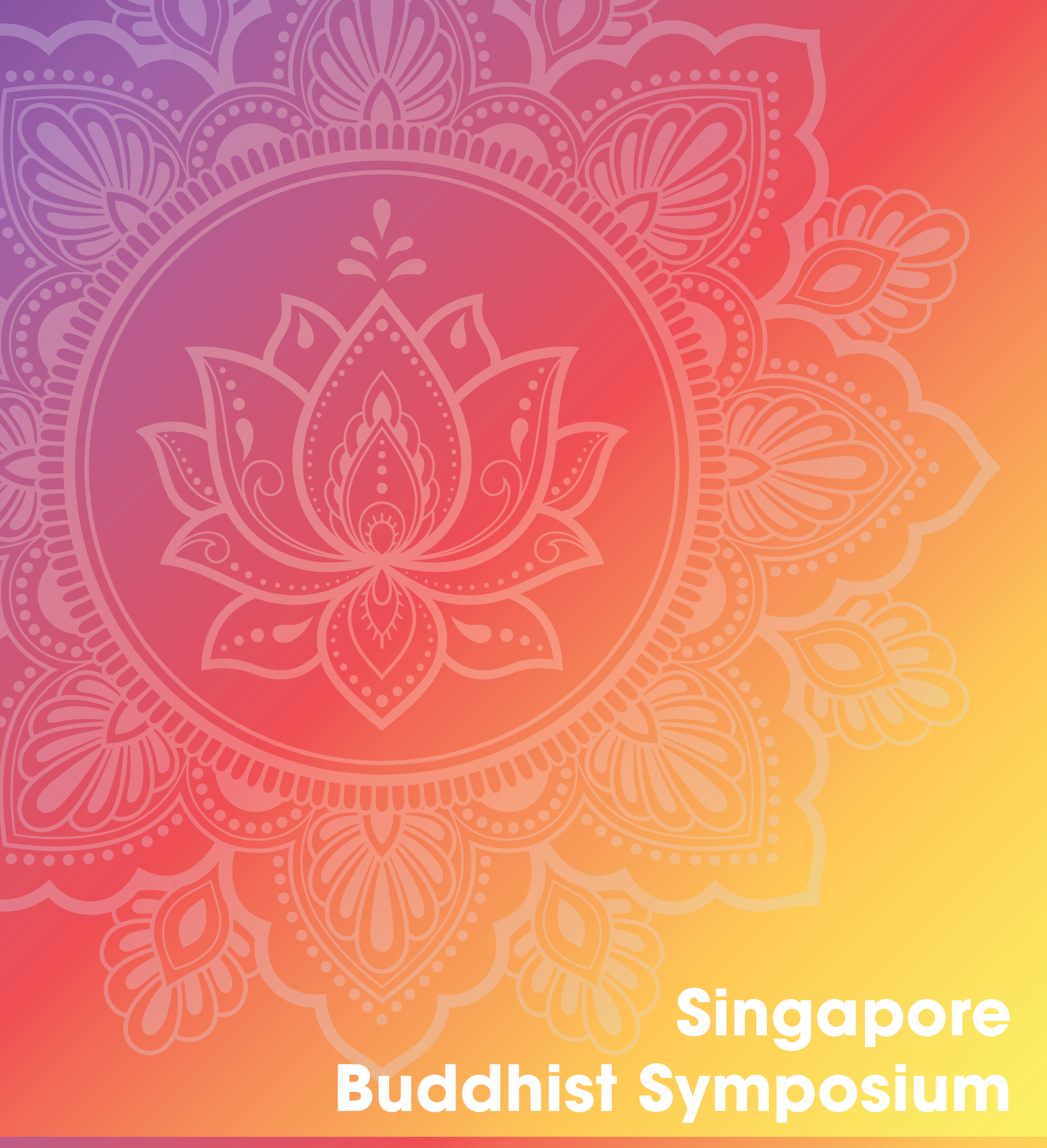
SG
60



11 October 2025 | 9am to 5pm
2025年10月11日 | 上午9时至下午5时

Venerable Hong Choon Memorial Hall,
Level 4, Hall of No Form
宏船老和尚纪念堂, 4楼, 无相殿

About Singapore Buddhist Symposium 新加坡佛教论坛	02
About Singapore Buddhist Federation 新加坡佛教总会简介	04
About Kong Meng San Phor Kark See Monastery 光明山普觉禅寺简介	06
Message from President, Singapore Buddhist Federation 序文：新加坡佛教总会会长	08
Programme 流程	11
Speakers Profile 演讲者简介	19
Moderators Profile 主持人简介	49
Partners 合作伙伴	56



Singapore Buddhist Symposium

新加坡佛教论坛

In celebration of SG60, the Singapore Buddhist Federation warmly welcomes you to the second edition of this meaningful symposium, where Buddhist values take centre stage in nurturing a more compassionate, united and resilient society.

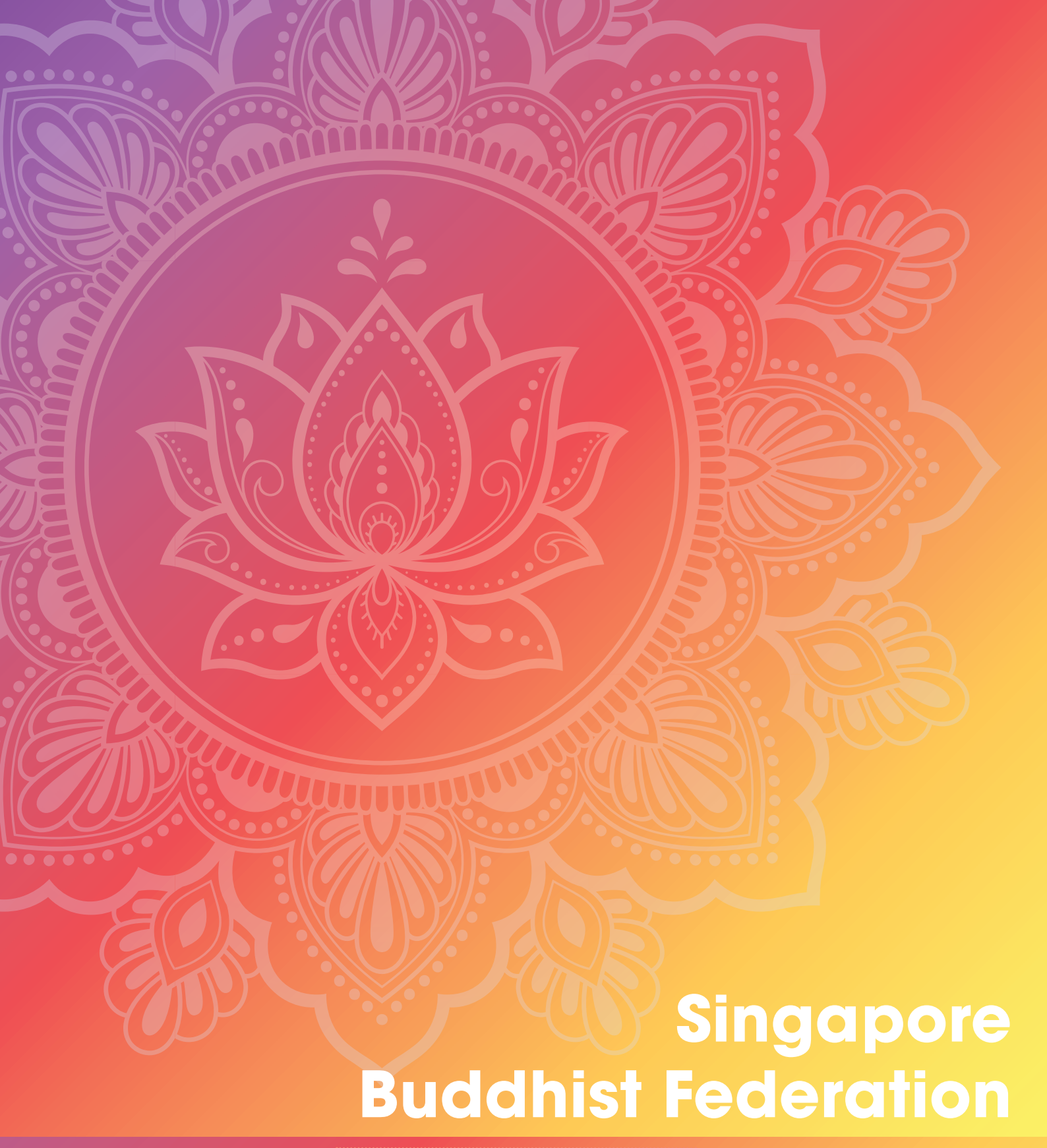
Throughout the day, you will hear from Buddhist leaders, professionals, scholars, and practitioners as they share insights through panel dialogues and thoughtful discussions. These sessions are designed to encourage reflection, deepen understanding, and strengthen connections within the Buddhist community and beyond.

Together, let us walk this shared path of peace, harmony and collective progress.

为庆祝新加坡建国60周年，新加坡佛教总会诚挚邀请您参加第二届新加坡佛教论坛。本次论坛以佛法价值为核心，旨在培育一个更有慈悲、团结与韧性的社会。

论坛将汇聚佛教界领袖、专业人士、学者与行者，共同参与专题对谈与交流学习。通过启发心智的演讲与深度对话，深化大众对佛法的体悟，促成彼此连结，让法义润泽人心，惠及佛教界内外。

让我们携手迈向这条和谐共进的道路，同愿同行。



Singapore Buddhist Federation

新加坡佛教总会

Established in 1949, the Singapore Buddhist Federation (SBF) is committed to forging unity among local Buddhist groups and practitioners, perpetuating the wisdom of The Buddha, disseminating Buddhist teachings, and advancing cultural education and societal welfare. Its affiliated institutions include the Bodhi School, Manjusri Secondary School, Siddhartha Childcare Centre, and other organisations that span the educational and youth sectors.

Through spiritual observances like Vesak commemorations and Buddhist study classes, as well as cultural initiatives such as the publication of the quarterly "Nanyang Buddhism", the Federation upholds the essence of Buddhism while providing a diverse platform for the exchange of knowledge and culture within society. In the philanthropic realm, the Federation bestows academic excellence awards, engages in disaster relief efforts, and offers education and vegetarian culinary courses to inmates, underscoring its robust sense of social responsibility.

Concurrently, SBF proactively promotes social cohesion by contributing in entities like the Presidential Council for Religious Harmony and the National Steering Committee on Racial and Religious Harmony, evincing its impact on both local and international levels. Globally, it actively participates in Buddhist conferences, fostering collaboration and the sharing of insights.

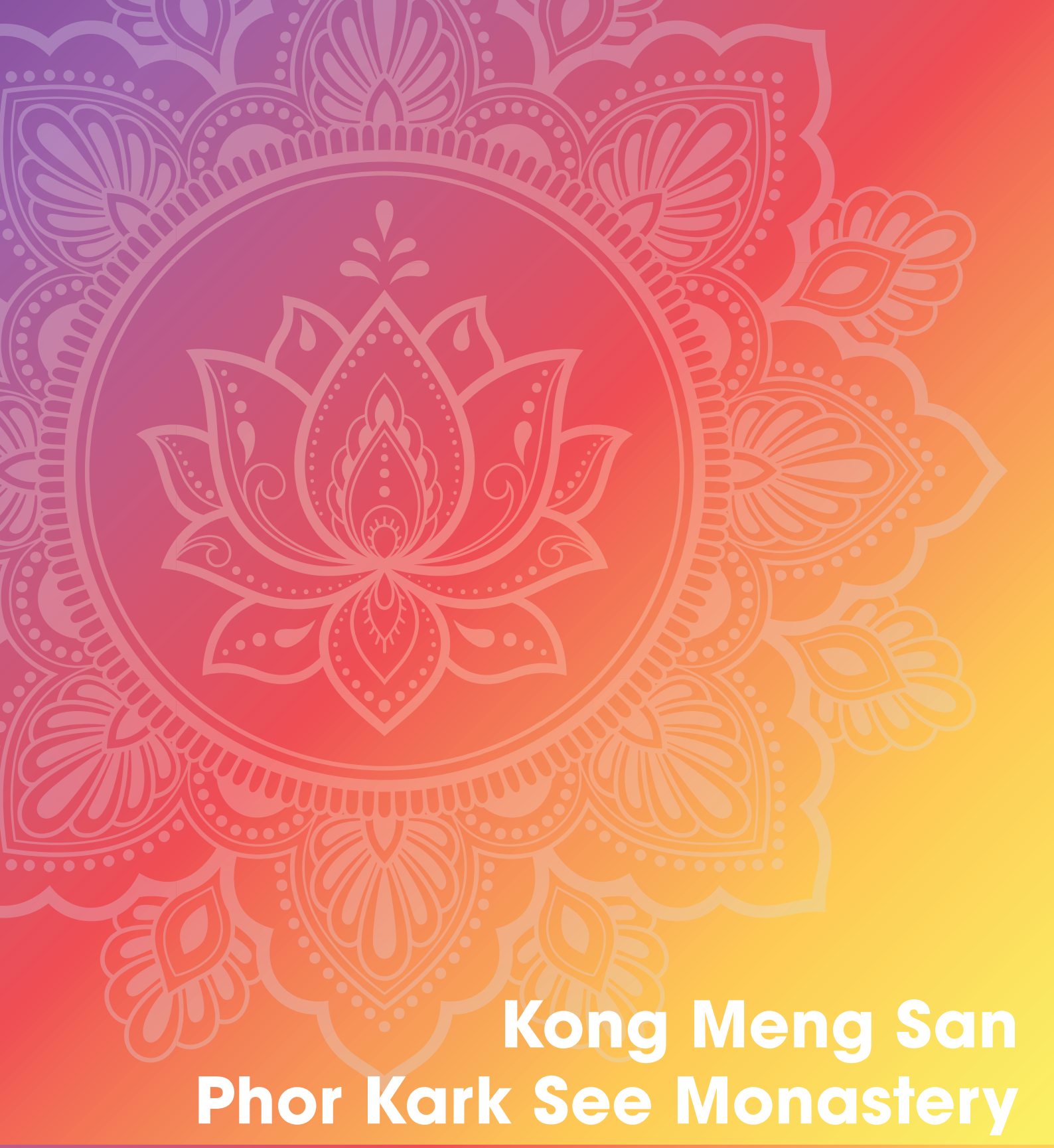
Through these diverse undertakings, SBF continues to play a significant role in shaping a harmonious, compassionate and inclusive society.

新加坡佛教总会成立于1949年，以团结本地佛教团体与信众，传承佛陀智慧，弘扬佛法为宗旨，致力于文化教育和社会福利等事业。佛总旗下拥有多个附属机构，如菩提学校、文殊中学、悉达多托儿中心等，涵盖教育、青年、儿童等多个领域。

通过卫塞节庆典、佛学班等宗教活动，以及《南洋佛教》季刊等文化项目，佛总不仅传承佛法，也为社会提供多元知识和文化平台。在慈善领域，佛总常年颁发勤学奖、参与赈灾救援，为囚犯提供教育和素食烹饪课程，体现出深厚的社会责任。

此外，佛总积极促进社会凝聚力，参与宗教和谐总统理事会、全国种族与宗教指导委员会等机关，彰显在本地及国际层面的影响力。佛总也积极参与国际佛教会议，推动跨国合作与经验交流。

通过这些多元举措，新加坡佛教总会持续在建设一个和谐、慈悲与包容的社会中，发挥重要的作用。



**Kong Meng San
Phor Kark See Monastery**

光明山普觉禅寺

Kong Meng San Phor Kark See Monastery (KMSPKS) is a spiritual sanctuary in urban Singapore where one can learn the Buddha's teachings of wisdom and compassion, practise mindfulness, develop gratitude, and bring happiness to all.

Founded in 1921, KMSPKS is one of the first traditional Chinese forest monasteries in Singapore. Today, the monastery sits on 75,470 square metres, equivalent to the size of almost 11 football fields, and is one of the most significant and renowned monasteries in Southeast Asia.

Over the years, we have grown dynamically in Dharma propagation, community involvement and religious harmony efforts. As a monastery descended from the Linji lineage of Chan Buddhism, it also offers various meditation classes in order to provide a spiritual sanctuary for its devotees. Today, we are a community of Buddhists who come together to learn, practise and share the teachings of the Buddha.

光明山普觉禅寺是新加坡繁华都市中的一处心灵净土。在这里，人们可以学习佛陀的智慧与慈悲，修习正念，培养感恩之心，并将幸福传递给众人。

创立于1921年，光明山普觉禅寺是新加坡十方丛林之始。现今寺院占地75,470平方公尺，相当于11个足球场的面积，是东南亚最著名的寺院之一。

多年来，光明山普觉禅寺致力于弘扬佛法、参与社区活动，推动宗教和谐。作为禅门临济宗法脉传承的道场，寺院也开办各类禅修课，为信众提供心灵的归处。时至今日，这里已成为众佛教徒共修学习的道场。



Venerable Kwang Phing
President, Singapore Buddhist Federation

广品法师
新加坡佛教总会 会长

An individual is the smallest building block of society and the nation. The behaviour of an individual starts from the mind. The first two paragraphs of the Dhammapada of Lord Buddha say: Mind precedes all mental states. Mind is their chief.

In other words, the mind is the master that governs our thoughts, speech and actions. If we are consumed by greed, anger, delusion, and impurity, and harbour intentions to harm others, then our thoughts, speech and actions will, in turn, harm society and the nation. Conversely, when we free our minds from greed, anger and delusion, and embrace right understanding and wholesome thoughts, our thoughts, speech and actions will naturally transform into kindness, compassion, joy, and equanimity, bringing benefit to the world.

Therefore, it is important for us to cultivate ourselves so that we may better contribute to our families, our society, and our nation. This symposium provides a platform for us to explore ways through which we can contribute positively to achieve a harmonious society and a united Singapore, a happy Pureland for all Singaporeans.

个人是社会和国家最小的组成单位，而一个人的行为始于内心。《法句经》开篇云：「诸法因心造，心为主导者。」

换句话说，心是主导，它决定我们的思想、言语和行为。如果我们的内心被贪、嗔、痴与烦恼所占据，并存有伤害他人的意图，那么我们的思想、言行就会危害社会和国家。反之，当我们从内心去除贪、嗔、痴，以正见与善念取而代之，我们的身、口、意为就会转化为慈悲、喜悦和平等心，进而利益世间。

因此，修心养性至关重要，唯有如此，才能更好地回馈家庭、社会和国家。此论坛提供一个平台，让大家探讨如何通过自身修行，为建设和谐社会、团结国家贡献力量，让新加坡成为国民共享的幸福净土。





Programme

流程

Time 时间	Topic 主题
8.00am	Doors Open 开始入座
9.05am	Opening Address and Keynote Speech 开场演讲与主题演讲
9.25am	Speech by the Guest-of-Honour 主宾致开幕辞
9.40am	Tea Break 茶点
10.00am Plenary Session One 议场一 * This session is conducted in English. 此环节以 英语进行	Legal Frameworks and Buddhist Principles 法律框架与佛法原则
	An Education of Gradual, Experiential and Wholesome Transformations 循序渐进、体验式且全面的教育转变
	Cultivating Compassion, Healing the Earth, Sustaining the Nation 滋养慈悲，疗愈大地，永续国土
	Visions and Challenges in Building a Vibrant Lay Buddhist Community 在家佛教社群的建设愿景与挑战

Speaker 讲者

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Venerable Kwang Phing

President, Singapore Buddhist Federation

广品法师
新加坡佛教总会 会长

Mr. David Neo

Acting Minister for Culture, Community and Youth, and
Senior Minister of State for Education

梁振伟先生
文化、社区及青年部代部长
兼教育部高级政务部长

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Dr. Tan Boon Chwee Colin

Vice-Chairman,
General Affairs Committee, Singapore Buddhist Federation

陈文水博士
新加坡佛教总会 总务组 副主任

Dr. Kweh Soon Han

Vice-Chairman,
Dharma Propagation Committee, Singapore Buddhist Federation

郭顺汉博士
新加坡佛教总会 弘法组 副主任

Ms. Isabella Huang-Loh

Chairman, Singapore Environment Council

黄罗惠娇女士
新加坡环境理事会 主席

Mr. Lim Phang Hong

President, Buddhist Fellowship

林攀峰先生
佛教联谊会 主席

Time 时间	Topic 主题
	Question & Answer Session 问答环节
11.50am	Lunch 午餐
1.00pm Plenary Session Two 议场二 * This session is conducted in Mandarin. 此环节以中文进行	Kampung Spirit in Action: Building Harmony Through Care and Sustainability 实践甘榜精神：关怀与永续共创和谐
	Compassion and Great Love Illuminates the Lion City 慈悲大爱照亮狮城
	From Loss to Renewal: Discovering Peace and Strength Within 从失去到重生：我的宁静与力量
	Question & Answer Session 问答环节

Speaker 讲者

Panellists:

Dr. Tan Boon Chwee Colin, Dr. Kweh Soon Han,
Ms. Isabella Huang-Loh, Mr. Lim Phang Hong

Moderator: Dr. Lee Foong Ming

研讨嘉宾:

陈文水博士, 郭顺汉博士, 黄罗惠娇女士, 林攀峰先生,

主持人: 李凤鸣博士

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Mr. Heng Guan Hou

Chief Executive Officer, Kampung Senang,
General Affairs Committee, Singapore Buddhist Federation

王元侯先生

轻安村 首席执行官

Mr. Lew Loon Keong

Tzu Chi Merit (Singapore)

刘伦侨先生

佛教慈济功德会(新加坡)

Ms. Sora Ma

Founder, Heartworks SG

马艺瑄女士

Heartworks SG 创始人

Panellists:

Mr. Heng Guan Hou, Mr. Lew Loon Keong, Ms. Sora Ma

Moderator: Venerable Ding Rong

研讨嘉宾:

王元侯先生, 刘伦侨先生, 马艺瑄女士

主持人: 定融法师

Time 时间	Topic 主题
	Living Interdependently, Thriving in Diversity 缘起共生 和而不同
2.50pm	Tea Break 茶点
3.05pm Fireside Chat 炉边常话	A Harmonious Society Begins at Home 安家齐家，平天下
4.40pm	Closing Remarks 总结论述

Speaker 讲者

Mr. Tan Lee Huak

President, Singapore Buddhist Lodge

陈立发先生

新加坡佛教居士林 林长

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Ms. Lynn Guo

Founder, Porto Moniz Design

Ms. Huang Jing Rui

Executive Director, 84000: Translating the Words of the Buddha

黄净蕊女士

“八万四千：佛典传译”执行长

Dr. Kerwin Kwek Ze Ming

Singapore-MIT Alliance for Research and Technology (SMART)

Ms. Lee Kai Yi

Medical Social Worker 医务社工

Panellists:

Ms. Lynn Guo, Ms. Huang Jing Rui, Dr. Kerwin Kwek Ze Ming, Ms. Lee Kai Yi

Moderator: Sayalay Sujata

Venerable Chuan Sheng

Vice-Rector (Academic Affairs and Advisor), Associate Professor,
Buddhist College Singapore

传圣法师

新加坡佛学院 副院长(学术顾问), 全职副教授





Speakers Profiles

讲者简介



Venerable Kwang Phing
President,
Singapore Buddhist Federation

广品法师
新加坡佛教总会 会长

Venerable Kwang Phing is the President of SBF and has served as a Council Member of the Presidential Council for Religious Harmony since 1998. He is also the Abbot of Zu Lin Temple of Singapore. Venerable Kwang Phing graduated from Nanyang University in 1978 and was ordained in 1980. Following his ordination, he pursued Dharma studies and guidance in Taiwan, Thailand and Sri Lanka.

His contributions have been recognised both locally and internationally. In 2012, he received the Contribution Award from the President of Sri Lanka and the Leadership Award from the Deputy Sangha Raja of Thailand.

In Singapore, he was conferred the Public Service Medal PBM in 2014 and the Public Service Star BBM in 2023 by The President of Singapore. In 2019, he was honoured with the Golden Pagoda Award by The Thai King in recognition of his contribution to Buddhist Dharma propagation.

广品法师现任新加坡佛教总会会长。他自1998年起担任宗教和谐总统理事会成员，同时也是新加坡竹林寺的住持。广品法师于1978年毕业于南洋大学，并于1980年出家受戒。此后，前往台湾、泰国和斯里兰卡精进修学，深入佛法。

广品法师多年来致力于推动宗教和谐与弘扬佛法，其贡献深受各界肯定。2012年，他荣获斯里兰卡总统颁发的杰出贡献奖，以及泰国副僧伽罗陀尊者颁发的领导奖。

2014年，广品法师荣获新加坡总统颁发的公共服务奖章 (PBM)，并于2023年获颁公共服务星章 (BBM)。2019年，泰国国王亦授予他金塔奖，以表彰其弘法利生的贡献。



Venerable Chuan Sheng
Vice-Rector
(Academic Affairs and Advisor),
Associate Professor,
Buddhist College Singapore

传圣法师
新加坡佛学院 副院长 (学术顾问)
全职副教授

Venerable Chuan Sheng exemplifies a perfect blend of scholarly wisdom and spiritual insight. He holds a BA (Honours) in History from the National University of Singapore (NUS) and a PhD in History and East Asian Languages from Harvard University. He specialised in Asian history and East Asian international relations and served for 26 years as a faculty member at NUS.

In 2013, he received higher ordination in Taiwan and continued his Buddhist studies under Venerable Sik Kwang Sheng, the Abbot of KMSPKS. He currently serves as Vice Rector (Academic Affairs) at the Buddhist College of Singapore.

传圣法师兼具深厚的学术素养与修行智慧，是解行并重的典范。他毕业于新加坡国立大学 (NUS)，获历史学荣誉学士学位，后于哈佛大学取得历史与东亚语言学博士学位，专攻亚洲历史与东亚国际关系，并曾在新加坡国立大学任教26年。

2013年，传圣法师于台湾出家受具足戒，随后在光明山普觉禅寺广声法师的悉心指导下深入佛法，精进修学。现任新加坡佛教学院的副院长（学务处），他致力于推动佛教高等教育的深化与发展。



Ms. Lynn Guo
Founder, Porto Moniz Design

Ms. Lynn Guo is an entrepreneur and former corporate director with over fifteen years of experience in the furniture industry. Born in China and now based in Singapore, she brings together professional expertise and deep personal insight.

Raised in a traditional Chinese household by her father and grandparents, Ms. Guo grew up in an environment where emotions were rarely expressed. This upbringing shaped her early resilience and sparked a lifelong reflection on how we love, connect and communicate within families.

In 2008, Ms. Guo joined Tzu Chi's humanitarian relief efforts in the aftermath of the Sichuan earthquake, volunteering on the ground three months after the disaster. That experience deepened her commitment to compassionate action and the quiet strength found in service. In recent years, she has also taken part in retreats focused on emotional healing, including the courageous journey of forgiving one's parents for past pain.

Ms. Guo offers a thoughtful and honest voice on intergenerational tension, emotional silence, and what it means to create harmony – not just in society, but at home and within ourselves.

Ms. Lynn Guo 是一位企业家兼企业董事，拥有逾十五年家具行业的丰富经验。她出生于中国，目前定居于新加坡，兼具专业知识与深刻的人生体悟。

成长于传统华人家庭，自幼由父亲与祖父母抚养，Ms. Guo自小生长在一个情感表达含蓄的环境中。这样的成长背景不仅锤炼她坚韧的个性，也促使她不断思考如何在家庭中建立爱、连结与沟通。

2008年四川地震后，Ms. Guo投入慈济的赈灾行动，并于灾后第三个月亲赴灾区担任志工。这段经历深化了她对“以行动落实慈悲”及“无声付出所蕴藏力量”的认同。近年来，她也积极参与多场聚焦情绪疗愈的静修营，勇敢踏上疗愈童年创伤、宽恕父母的内在旅程。

如今，她以细腻而真挚的声音，分享自身在代际关系、情感沉默中的体悟，带领大家探讨如何在社会、家庭与自我之间，重新建构和谐与安然。



Mr. Heng Guan Hou

Chief Executive Officer, Kampung Senang

王元侯先生

轻安村 首席执行官

Mr. Heng Guan Hou graduated from NUS in 1998 with a double major in Economics and Psychology.

A recognised leader in brand building and entrepreneurial innovation, he was awarded the Singapore Prestige Brand Award by the Association of Small & Medium Enterprises (ASME) and was named a finalist for the OCBC Emerging Enterprise Award. In 2024, he received the “Brands For Good” award, affirming his leadership in sustainability and social impact. He currently serves as the Chief Executive Officer and Board Member of Kampung Senang.

A vegetarian for 35 years, Mr. Heng is firmly committed to promoting environmental protection and charitable causes, striving to lead by example. He has a deep passion for philosophy, the arts and theatre, finds inspiration in books and inner awareness and balance through the practice of meditation. He strongly believes that spiritual and cultural cultivation are essential foundations for personal growth and meaningful contribution to society.

王元侯先生于1998年毕业于新加坡国立大学，主修经济学与心理学。

他在企业品牌建设与创新领域表现卓越，曾荣获新加坡中小企业协会（ASME）颁发的“新加坡金字品牌奖”，并入围华侨银行（OCBC）评选的“新兴企业奖”。2024年，他获颁“Brands For Good”年度奖项，进一步肯定他在永续发展与社会影响力领域的领导地位。

现任轻安村首席执行官兼董事会成员，王元侯先生茹素逾35年，以身体力行的方式推动环保与慈善事业。他热爱哲学、艺术与戏剧，从阅读中汲取灵感，并通过静坐提升内在的觉察与平衡。他深信，精神与文化修养是个人成长与社会贡献的根本。



Ms. Huang Jing Rui

Executive Director, 84000:
Translating the Words of the Buddha

黄净蕊女士

“八万四千：佛典传译” 执行长

Ms. Huang Jing Rui is the Executive Director of 84000: Translating the Words of the Buddha, a global non-profit dedicated to bringing the Buddha's words to life in order to awaken humanity.

She also serves on the Board of Directors of Blue Lion Preschool, a Buddhist preschool dedicated to nurturing young urban warriors through art, poetry and music. In addition to, she oversees the Blue Lion Dharma Fun Club, a Sunday school for children aged 4 to 12 that explores the Dharma through fun storytelling and drama.

Based in Singapore, Ms. Huang lives in a multigeneration household with her husband's family, raising two Generation Alpha sons alongside elderly parents. Her life has bridged three distinct cultural and linguistic eras: from her parents' dialect-speaking generation, to her own Mandarin-speaking upbringing, to parenting in a primarily English-speaking, digitally connected world. She has witnessed the technological arc from pagers and MS-DOS to smartphones, laptops, and immersive AR/VR technologies.

Amidst these evolving landscapes, Ms. Huang navigates the complexities of remote work across time zones, while maintaining healthy boundaries between work, family and personal life. She brings a warm and thoughtful perspective on how compassion, empathy, insight, and Dharma-rooted values can nurture harmony within oneself, at home, and beyond.

黄净蕊女士 现任“八万四千：佛典传译”的执行长。该组织是一个全球性的非营利机构，致力于让佛陀的智慧言教重现光芒，唤醒人类的觉性。

她同时也是蓝狮幼儿园董事会成员，该园是一所所以佛教理念为基础的幼儿园，通过艺术、诗歌与音乐，培养都市中的小小勇士。此外，她亦负责蓝狮佛法欢乐学堂的运作，为4至12岁儿童开设的周日佛学班，透过生动有趣的故事和戏剧，引导孩子轻松的氛围中学习佛法。

现居新加坡的黄女士与丈夫的家人同住一个多代同堂的家庭，在年迈父母的陪伴下，一同养育两位Alpha世代的儿子。她的生命横跨了三个文化与语言的世代：从父母讲方言的一代，到她自己以华语为主的成长背景，再到如今主要以英语为主、数位化高度发展的育儿时代。她亲眼见证科技的演变——从传呼机与MS-DOS系统，一路到智能手机、笔电以及沉浸式的AR和VR技术。

在如此多变的时代和环境，黄女士也努力在跨时区的远程工作中保持平衡，妥善划分工作、家庭与个人生活的界限。她以温暖而深刻的视角，分享如何以慈悲、共情、智慧与根植于佛法的价值观，在个人、家庭，乃至更宽广的社会中滋养出和谐与安定。



Ms. Isabella Huang-Loh
Chairman,
Singapore Environment Council

黄罗惠娇女士
新加坡环境理事会 主席

Ms. Isabella Huang-Loh has been serving as the Chairman of the Singapore Environment Council since 2008. In October 2024, she was elected Vice Chair and Board Director of the Global Ecolabelling Network (GEN), where she plays a key role in advancing international traceability standards.

She is also a Board Director of the Singapore Business Advisors and Consultants Council (SBACC). In the education sector, Isabella chaired the Advisory Committee for the School of Applied Science (SAS) and served on the Board of Governors at Republic Polytechnic Singapore (RP).

Her experience in the environmental sector includes advisory roles as Corporate Advisor to Ramky Enviro Engineers Ltd (Hyderabad, India) and Senior Advisor with Sembcorp Waste Management, part of Sembcorp Industries.

Academically, Isabella holds an MSc in Management Science from the MIT Sloan Fellows School of Management, USA, and a BSc (Hon) in Aeronautical Engineering from Imperial College London. She is a Fellow of the Academy of Engineering, Singapore, and a Fellow of the Chartered Management Institute (CMI), UK. She also serves as an Evaluator for the Engineering Accreditation Board, Singapore.

Most recently, she had attained accreditation as a Senior Board Director from the Singapore Institute of Directors (SID), where she has also been conferred as a Fellow.

自2008年起, **黄罗惠娇女士**担任新加坡环境理事会 (Singapore Environment Council, SEC) 主席。2024年10月, 她当选为全球环保标签网络 (Global Ecolabelling Network, GEN) 副主席兼董事会成员, 积极推动全球可追溯标准的制定与发展。

目前, 她也是新加坡商业顾问与认证理事会 (SBACC) 董事, 负责管理顾问认证与审核工作。在教育领域, 自2014年8月1日起, 她担任新加坡共和理工学院应用科学学院顾问委员会主席, 并出任共和理工院校董会成员。

在环境领域, 黄女士也曾担任多项顾问职务, 包括印度Ramky环境工程公司 (总部位于海得拉巴) 的企业顾问, 以及胜科工业 (Sembcorp Industries) 旗下胜科废物管理公司的高级顾问 (任期至2023年10月)。

在学术背景方面, 她拥有美国麻省理工学院 (MIT) 斯隆管理学院管理科学硕士学位, 以及英国帝国理工学院航空工程荣誉理学士学位。她现为新加坡工程科学院院士 (国家工程智库成员)、英国特许管理学会 (CMI) 资深院士, 并在近期获委任为新加坡工程学术认证委员会 (Engineering Accreditation Board) 评审委员。

2025年7月, 黄女士获得新加坡董事协会 (Singapore Institute of Directors, SID) 高级董事资格认证, 并被授予资深院士 (Fellow) 称号。



Dr. Kweh Soon Han
Vice-Chairman,
Dharma Propagation Committee,
Singapore Buddhist Federation

郭顺汉博士
新加坡佛教总会 弘法组副主任

Dr. Kweh Soon Han is a practising lawyer at KSCGP Juris LLP, specialising in conveyancing, tenancy, governance laws for charities, societies, and religious organisations. He holds a Bachelor of Laws (Hons.) and Master of Laws from NUS (1990, 1995), and a Doctorate in Education from the University of Durham, UK (2016).

From 1990 to 1996, he served in the Singapore Civil Defence Force under the Ministry of Home Affairs before entering private practice. He also advises on governance laws for charities, societies, non-profits, and religious organisations, and is consulted on matters relating to family, trust, business, and employment law.

Dr. Kweh is a member of the Law Society of Singapore and the Singapore Academy of Law. He currently serves on the Management Committees of Manjusri Secondary School and Bright Hill Evergreen Home, and is a Non-Resident Fellow, committee of NUS Temasek Hall. He is also a council member of SBF.

In 2012, Dr. Kweh founded SBF's "Lion's Roar" English Dharma Talks, held weekly at Manjusri Secondary School, a weekly public series exploring the application of Buddhist teachings in daily life. He continues to be invited to speak on Buddhism and lead meditation sessions and interfaith dialogues at academic institutions.

郭顺汉博士是KSCGP Juris LLP的执业律师，专精于房地产权转移、租赁事务，以及慈善组织、社团和宗教团体的治理法规。他毕业于新加坡国立大学，分别于1990年和1995年取得法学学士（荣誉）与法学硕士学位，并于2016年获得英国杜伦大学教育博士学位。

1990年至1996年间，郭博士于新加坡民防部队（隶属内政部）服役后，转入私人执业领域。他在慈善机构、社团、非营利组织与宗教团体的治理法规方面经验丰富，经常受邀为家庭法、信托、商业与雇佣法律事务提供法律咨询。

作为新加坡律师公会与新加坡法律学会的成员，郭博士现任多个机构的管理职务，包括文殊中学、光明山长青之家管理委员会、新加坡国大淡马锡堂高级公寓非住宿院士委员会及新加坡佛教总会理事会成员。

2012年，郭博士创办新加坡佛教总会“狮子吼”英语佛法讲座项目，每周于文殊中学举办，探讨佛法在日常生活中的运用。此外，他经常受邀参与大专院校的跨宗教对话活动，分享佛法与带领禅修。



Dr. Kerwin Kwek Ze Ming
Research Scientist,
Singapore-MIT Alliance for Research and
Technology(SMART)

Dr. Kerwin Kwek Ze Ming is a research scientist and lifelong volunteer with the Singapore Buddhist Mission (SBM). He began serving in youth Dharma programmes at the age of 16 and has since remained deeply committed to nurturing young Buddhists in their spiritual and personal growth.

Over the years, he has contributed to leadership training, youth collaborations, and most recently, the Buddhist Mentorship Programme, where he guides young adults and working professionals on their Dharma journey.

Inspired by the teachings of the Buddha, Ze Ming brings the same spirit of curiosity and service into his scientific career. He holds a PhD in Bioengineering and is currently a Research Scientist at the Singapore-MIT Alliance for Research and Technology (SMART), where he develops innovative microfluidic and immunological technologies for medical diagnostics.

Ze Ming's journey reflects how early Dharma service can shape one's outlook – cultivating compassion and the courage to explore new frontiers. These values continue to guide both his community work and his scientific pursuits.

At this fireside chat, Ze Ming will share his reflections on how childhood experiences shape who we become, and how curiosity, creativity and a spirit of service can sustain and inspire us through life's journey.

Dr. Kerwin Kwek Ze Ming 是一位研究科学家，也是新加坡佛教总会 (Singapore Buddhist Mission, SBM) 的长期义工。他从16岁起就参加青年佛学课程，长期致力于支持佛教青年在修行与个人成长方面的发展。

多年来，他积极参与领导力培训及青年合作项目，近期更在佛法导师计划 (Buddhist Mentorship Programme) 中担任导师，引导年轻人与在职专业人士在佛法修行中持续探索与成长。

受到佛陀教义的启发，Ze Ming将同样的好奇心与服务热忱带入科学事业。他拥有生物工程博士学位，目前在新加坡麻省理工学院联盟研究与技术中心 (SMART) 担任研究科学家，专注于开发创新的微流控与免疫技术，以推动医疗诊断的进步。

Ze Ming的成长历程，展现了早期参与佛法服务如何深刻影响一个人的人生观——不仅培养出慈悲心，也赋予他探索未知的勇气。这些价值观不仅指引着他的社区服务，也深深融贯于他的科研探索之中。

在本次炉边谈话中，Ze Ming将分享童年经历如何影响他的人生道路，并探讨好奇心、创造力与服务精神如何在人生旅途中相互支持，持续引导我们前行。



Ms. Lee Kai Yi
Medical Social Worker

Ms. Lee Kai Yi is a Principal Medical Social Worker (MSW) with 17 years of experience working at the psychiatric hospital. As programme lead for Transitional Care Programme, she collaborates with hospital stakeholders and social service agencies to strengthen community linkages and enhance care integration, to help patients and their families in their transition from hospital to community. She also advances best practices in care coordination by mentoring junior colleagues and conducting regular training sessions for community partners across institutions. Her dedication to mental health care has been recognised with the Promising Social Worker award 2016 and National Day Awards Investiture 2019 (Efficiency Medal).

Ms. Lee Kai Yi 是一位拥有17年精神科医院工作经验的资深医务社工 (Principal Medical Social Worker, MSW)。作为“过渡护理计划” (Transitional Care Programme) 的项目负责人, 她与医院各相关部门及社会服务机构紧密合作, 致力于加强社区联结、提升护理整合, 帮助患者及其家属顺利从医院过渡至社区。她通过定期跨机构培训平台, 指导年轻同事及社区合作伙伴, 推动护理协调的良好实践做出贡献。李女士在精神健康领域的投入与贡献, 曾获颁2016年“潜力社工奖” (Promising Social Worker Award) 及2019年国庆奖章 (效率奖章, Efficiency Medal)。



Mr. Lew Loon Keong
Tzu Chi Merit (Singapore)

刘伦侨先生
佛教慈济功德会(新加坡)

Mr. Lew Loon Keong currently serves as Secretary of the Board of Tzu Chi Merit (Singapore). A dedicated volunteer for over 25 years, he has been actively involved in advancing Tzu Chi's missions in charity, medicine, education, culture, and environmental sustainability.

Professionally, Mr. Lew is the Senior Director of Global Quality at Global Foundries, bringing with him over two decades of experience in the semiconductor industry. He previously oversaw quality control at Micron Technology and now leads global quality initiatives, driving continuous improvements in manufacturing processes and corporate quality standards.

刘伦侨先生 现任慈济（新加坡）董事会秘书。他投入慈济志业逾25年，积极支持慈济在慈善、医疗、教育、人文与环保等领域的使命。

在志工服务之外，刘先生现为格芯 (Global Foundries) 全球品质资深总监，拥有丰富的跨国企业管理与质量领导经验。凭借超过20年的半导体产业经验，他曾负责美光科技 (Micron Technology) 的品质管控工作，并在扩展职务后领导全球制造环境中的品质提升。



Mr. Lim Phang Hong

President,
Buddhist Fellowship

林攀峰先生
佛教联谊会 主席

Mr. Lim Phang Hong is the Senior Director of Supervisory Guidance at Toronto Centre, which has trained more than 13,000 financial regulators and supervisors from more than 190 countries. He had extensive experience in the financial sectors, having held senior management positions at CIMB Group and Deutsche Bank, and was recognised with The Asia Risk Award for Bank Risk Manager of the Year.

Previously, Mr. Lim served at the Monetary Authority of Singapore, where he led several divisions overseeing supervision and internal risk management.

Beyond his professional career, Mr. Lim is the President of Buddhist Fellowship, a non-sectarian Buddhist organisation with a membership base of several thousand members. He also chairs Tang Renaissance, a registered arts charity and Institution of a Public Character (IPC) in Singapore.

林攀峰先生 现任多伦多中心 (Toronto Centre) 监管指导高级总监。多伦多中心至今已培训超过13,000名来自190多个国家的金融监管人员与监督官员。林先生曾在联昌国际集团 (CIMB Group) 及德意志银行 (Deutsche Bank) 担任高级管理职位, 并荣获《亚洲风险》杂志颁发的“年度银行风险管理经理奖”。

在此之前, 他曾在新加坡金融管理局 (Monetary Authority of Singapore) 任职, 领导多个部门, 负责监管及内部风险管理工作。

除了专业领域的贡献外, 林先生亦积极参与慈善与文化事务。他担任佛教联谊会会长 (Buddhist Fellowship), 该会为非宗派的佛教组织, 拥有数千名会员。同时, 他亦担任新加坡注册艺术慈善机构兼公共性机构 (IPC) ——大唐文化传播 (Tang Renaissance) 的主席。



Ms. Sora Ma
Founder, Heartworks SG
马艺瑄女士
Heartworks SG 创始人

Ms. Sora Ma is a well-known actor and entertainer from Singapore, widely appreciated for her natural and heartfelt performances in television dramas and films. Over the years, she has made her mark in both Singaporean and Malaysian productions, earning recognition from audiences and industry professionals alike. Her talent has also gained international acknowledgment, with several overseas awards affirming her strong acting abilities.

Beyond her screen presence, Sora uses her platform to connect with over 370,000 followers across Instagram and Facebook. She shares her life openly and sincerely, offering reflections from her journey as an actor, a mother, and an individual navigating modern life. Through her stories, she seeks to spread positivity, compassion and understanding – values that deeply resonate with her audience.

Grounded in her belief in family, freedom, tranquility, and meaningful influence, Sora hopes to inspire others to live with empathy and kindness. She believes that by fostering positive connections and encouraging mutual understanding, each of us can contribute to building a more harmonious and cohesive society.

新加坡知名演员及艺人，因在电视剧与电影中的自然演技而广受喜爱。**马艺瑄女士**在娱乐圈深耕多年，作品涵盖新加坡及马来西亚影视作品，并多次获得观众与业界认可，亦曾凭精湛演出在海外获奖，演技实力备受肯定。

除了演艺事业，马女士亦活跃于社交媒体，拥有超过37万粉丝 (Instagram & Facebook)，以真诚分享生活、正能量与母亲身份的点滴，深受观众共鸣。

价值观上，马女士重视家庭、自由、平静与影响力，并希望透过自身影响力，持续带来正面的能量与启发。



Dr. Tan Boon Chwee Colin
Vice-Chairman,
General Affairs Committee,
Singapore Buddhist Federation

陈文水博士
新加坡佛教总会 总务组副主任

Dr. Tan Boon Chwee Colin is a distinguished professional in both law and medicine and holds a PhD in Law. He served for over 13 years as a District Judge in the Subordinate Courts and later in the Family Justice Courts. During this judicial tenure, he concurrently held the position of Senior Director at the Centre for Leadership and Judgecraft within the Singapore Judicial College.

In academia, Dr. Tan was an Adjunct Assistant Professor at NUS for five years. He is currently an Associate Professor of Law (Practice) at the Singapore Management University. Beyond his professional roles, Dr. Tan is actively involved in various Buddhist organisations and currently serves as a Council Member of SBF.

陈文水博士是一位横跨法律与医学领域的复合型专家，拥有法律博士学位。他曾在新加坡下级法院及家庭司法法院担任地方法官逾13年，同时兼任新加坡司法学院领导与法官能力发展中心的资深主任。

在学术领域，陈博士曾于新加坡国立大学担任五年兼职助理教授，现为新加坡管理大学法律（实践）副教授。此外，他积极参与多项佛教组织事务，现任新加坡佛教总会理事会成员兼总务组副主任。



Mr. Tan Lee Huak
President,
Singapore Buddhist Lodge

陈立发先生
新加坡佛教居士林 林长

Mr. Tan Lee Huak is the President of the Singapore Buddhist Lodge (SBL) for four consecutive re-elections. During his 2014 to 2019 tenure, he oversaw the successful reconstruction of SBL's historic Mahavira Hall, coinciding with the 85th anniversary of SBL's establishment.

As the 10th President, Mr. Tan upholds Buddhist principles of compassion and societal benefit, prioritising the propagation of the Dharma and the well-being of all beings. He actively contributes to Singapore's social stability, racial harmony and religious unity. His initiatives include free vegetarian meals, medical services, family support, and bursary awards. With his fresh perspective and energy, Mr. Tan significantly enhances the well-being of the Singaporean community.

陈立发先生自2017年起担任新加坡佛教居士林林长，至今已连任四届。在其2014年至2019年的领导任期内，适逢居士林创林85周年，他成功推动并监督大雄宝殿的重建工程如期竣工。

作为第十任林长，陈立发先生秉持居士林“弘扬佛法，慈悲济世”的创林宗旨，延续历代先贤大德及前任林长的精神志业，以弘法利生为首要使命。在他的带领下，居士林持续推行多项利众服务，包括提供免费素食的十方斋堂、中医义诊、家庭服务中心及奖学金计划等，广泛惠及社会大众。陈立发先生为居士林注入全新活力与视野，不仅推动组织现代化转型，也积极回应社会需要，为新加坡的社会安定、种族和谐与宗教团结作出了深远贡献。



Moderator Profiles

主持人简介



Venerable Ding Rong
Dot Connections Growth Centre

定融法師
圓點心寧中心

Venerable Ding Rong was ordained in Australia in 1994. After graduating from the Buddhist College in Taiwan in 1998, he continued studying three years of Buddhist research studies in Taiwan. In addition, Venerable Ding Rong also holds a Master's degree in Professional Counselling from Swinburne University of Technology in Australia and an Honours degree in Psychology from the University of Derby in the United Kingdom.

With a fervent dedication to propagating the Dharma and compassion for sentient beings, Venerable Ding Rong has always spared prevalent efforts in promoting Buddhist education and mental tranquillity education. His roles include monastic supervisor, assistant abbot, Buddhist teacher, Buddhist counsellor, director of Buddhist primary and secondary schools, religious advisor for schools and Buddhist organisations, Sunday school advisor, prison counsellor, board member of Buddhist organisations, mentor, and consultant.

定融法师于1994年在澳洲出家，1998年毕业于台湾佛学院，随后于台湾佛教研究所进修三年。他先后取得澳洲斯威本科技大学专业辅导硕士学位及英国德比大学心理学荣誉学士学位。

秉持着弘扬佛法、利益众生的初心，定融法师长期致力于推动佛学和心宁教育。多年来，他广泛护持佛教事业，曾担任寺院监院、当家、佛学讲师、佛教心理辅导员、中小学校董、学校及佛教团体宗教顾问、佛教周日学校顾问、监狱辅导员、佛教团体理事、导师及顾问。



Sayalay Sujata
Counsellor,
Kong Meng San Phor Kark See Monastery
善世法師
光明山普觉禅寺 辅导员

Sayalay Sujata is a former banker who left the corporate world to pursue the monastic path. She underwent over a decade of intensive training in Myanmar and holds a Master's degree in Counselling. Her work integrates contemplative wisdom and practical insight, supporting both individuals and communities.

She currently serves as a spiritual adviser to the Nanyang Technological University Buddhist Society, Buddhist Fellowship Youth, and the SBM Mentorship Program, and regularly gives Dharma talks to youth groups across Singapore. In addition, she supports individuals through her counselling work at KMSPKS Counselling and Social Service Department.

With a deep interest in emotional well-being and intergenerational connection, Sayalay Sujata facilitates spaces where silence becomes dialogue, and differences open the door to deeper understanding.

善世法师曾任职于银行，随后踏上出家修行之路。她在缅甸接受逾十年的严谨训练，并取得辅导硕士学位。她擅长将内观修持与实务洞见相结合，陪伴个人与团体迈向成长与转化之路。

目前，她担任南洋理工大学佛学社、佛教联谊会青年团，以及新加坡佛教传道会青年慧友项目 (SBM Mentorship Program) 的精神导师，长期为新加坡青年团体开示佛法，分享修行体会与生命智慧。同时，她也在光明山普觉禅寺辅导与社会服务部从事心理辅导，协助有需要的人走过生命的低谷。

善世法师长期关注情绪健康及代际关系，擅于引导大众在静默中聆听彼此的心声，在差异中建立深层的理解与共鸣。



Dr. Lee Foong Ming
Assistant Professor,
Buddhist College of Singapore

李凤鸣博士
新加坡佛学院 助理教授

Dr. Lee Foong Ming graduated from NUS and did her postgraduate studies in Buddhist Studies at the University of Kelaniya, Sri Lanka. She specialised in Sarvastivada Abhidharma and received her PhD degree after seven years of studies.

Dr. Lee has been teaching courses on the history of Buddhism and Abhidharma in Buddhist College of Singapore since joining as a full-time staff in 2015. Her academic interests in recent years have also expanded to include interfaith dialogues and Yogacara studies.

李凤鸣博士毕业于新加坡国立大学，随后在斯里兰卡克拉尼亚大学专修佛学，专攻说一切有部阿毗达磨，经七年研学后获得博士学位。

自2015年起，李博士加入新加坡佛学院担任全职讲师，教授佛教史与阿毗达磨课程。近年来，她的学术兴趣亦扩展至宗教对话及瑜伽行派领域。

84000: Translating the Words of the Buddha “八万四千：佛典传译”

Buddhist Fellowship 佛教联谊会

Heartworks SG

Kampung Senang 轻安村

Kong Meng San Phor Kark See Monastery 光明山普觉禅寺

Porto Moniz Design

Singapore-MIT Alliance for Research and Technology (SMART)

Singapore Buddhist Federation 新加坡佛教总会

Singapore Buddhist Lodge 新加坡佛教居士林

Singapore Environment Council 新加坡环境理事会

Tzu Chi Merit (Singapore) 佛教慈济功德会(新加坡)

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